

May 2008

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National Coaching Development Conference March 2008

Level 2 Development

Change continues as we seek to fit archery coaching into the UK Coaching Model and adapt our coaching, training and qualifications to fit the requirements of the UK Coaching Certificate.

Level 2 training is taking longer to get off the ground than was expected – it had been hoped that the first courses would be starting from 1 April, but delays in producing the resource material have put this back to September this year.

Level 3, meanwhile, is scheduled for introduction in September 2009.

The briefing (roll-out) of Level 2 Lead Tutors and Course Administrators is part complete – the rest is to be done by the end of June.

The coach renewal process is also moving ahead. The intention is to deploy the CPD procedure for coaches and county coaches from July 2008 renewals onwards. The CPD points matrix is (and always has been) available on the GNAS website for those who wish to familiarise themselves with it.

Child Protection Update

The GNAS Child Protection and Vulnerable Adults policy has been reviewed and Bill Mackay gave the updates at this year's coaching development conference. Some new additions and appendices have been added:

- Guidelines for allegations added.
- How to respond to an allegation, actions to take and avoid.
- An Equity policy has added.
- Anti-doping policy included.
- A 'Whistle blowing' policy.
- A Bullying policy.

In the event of an allegation the GNAS are to set up a 'Referral Panel'. This will be convened to give a quick decision on any allegation. The first action is to temporarily suspend the alleged person. They will relinquish their GNAS membership card to the CPO until the matter is resolved.

Guide lines added for Physical contact in sport:

Only use physical contact if the aim is to:
Develop sports skill technique.

GO Coach - EMAS Coach

To treat an injury.
To meet the requirements of the sport.
Appendix added for injury.

Guidelines for good practice are included for Clubs, Parents and Coaches. These will also include advice on trips, including the minimum number of adults to children

The biggest change of all, after so many people within GNAS have been trained to deliver the Child Protection and Vulnerable Adult policy, is that it now has to be delivered by an external body i.e. Sports Coach UK.

Some of these changes are new sections, others are added as appendices.

Paralympic Archery

Ken Kelly gave an insight into coaching elite archers for the Paralympics.

He detailed the medal achievements of the British team at recent Paralympic Games, and showed a series of slides to demonstrate that coaching disadvantaged archers is not so different from coaching able archers. For each individual the coach must guide the participant through a sequence of actions needed to shoot the arrow into the target, using whatever technique is best for the archer.

Whilst there are rules covering the aids allowed at Record Status events, at club level it does not matter if the manner of holding the bow or loosing does not follow the rules, provided safety is maintained. Thus a recurve archer with string hand problems could use a release aid.

Coaches should be looking to make archery accessible to all and not be afraid to innovate.

UKCC Framework

Ollie Holt gave details of progress on the UK Coaching Framework.

The vision is to create a cohesive, ethical, inclusive and valued coaching system where skilled coaches support children, players and athletes at all stages of their development in sport. This should lead to:

- 1 An enhanced quality of coaching at all stages.
- 2 Sustained and increased participation in sport.
- 3 Improved performance.
- 4 A clear career structure for coaches.

He will be holding a series of meetings with Regions and Counties to encourage them to sign up to the UK Coaching Framework. He plans to visit Regions by June 2008, and Counties by November 2008.

News from the Counties

DERBYSHIRE

Re-appointment of CCO

Since the last RCO meeting my re-appointment as CCO was accepted at the DCAA AGM held on 9th February 2008.

Winter Coaching

Two more coaching sessions have been held at Staveley. The session on 15th December was for the county squad members and included a Portsmouth qualifier and a Head to Head as well as a talk by Mike Boyce on Drugs in Sport.

The non-squad session on 2nd February included general coaching, videoing and a presentation by Mike Boyce - Concentration and Focus.

The final session is planned for 15th March, again for county squad. Unfortunately this date falls over the same weekend as the Coaching Development Conference to be held at Lilleshall. I only received notice of this conference on the 17th February and so because of this date clash Mike and I will not be able to attend the Staveley session.

Coach Grades/Numbers

The number of coaches in the county has remained the same; 3 County Coaches, 12 coaches and 6 Level 1 coaches.

Tony Fletcher.

LEICESTERSHIRE

We will be running a Level 1 course in the near future. Currently waiting for official training application forms from candidates before proceeding.

Junior Squad indoor sessions are almost complete. Have tried to place more emphasis on juniors completing individual logbooks and coaches recording coaching outcomes for their individual group in group log books.

Outdoor coaching dates have been set.

Two adult squad 'get togethers' have been arranged. These will initially be informal events with no organised coaching.

At present Leics and Rutland have –

5 County Coaches (A county coach has relocated from Kent)

12 Coaches

7 Level 1

3 coaches are due for renewal in April.

GO Coach - EMAS Coach

LINCOLNSHIRE

Coach Organisation

The next CCO meeting will be held shortly at Tattershall.

I have recently completed an update of Lincolnshire's Strategic Development Plan which has now been accepted by the Coaching Group.

Coach Recruitment

There are a number of archers interested in a Level 1 coaching course.

Current Coaches within the County are

1 Senior Coach

3 County Coaches

19 Coaches

20 Level 1's

Coach Development

A number of newly qualified Level 1 Coaches have expressed a wish to move on to Level 2 when it becomes available.

Barry Molsom and Kay Petchell are to attend the Level 2/Moderator roll out when one becomes available at a suitable date.

There was a Coach training workshop arranged for the 16th December, predominantly for the Level 1 coaches although others grades did attend as well. The contents of the workshops were, Observation and Analysis, Basic Bow Tuning Compound and Recurve. This was held at Spalding High School.

This event gave CPD points to all who attend including the presenters.

Chris Petchey has arranged a one-day course on teaching/coaching archery for visually impaired people.

The course will be taught by Sue Habgood from the BBS.

It will be on Sunday 6th April from 10am to 4pm at Grimsby Archers venue at Matthew Humberstone Upper School, Chatsworth Place, Cleethorpes DN35 9NF.

Archery Development

The Coaching Group has arranged, and is in the process of running, 2 Archery Training days over the winter of 2008. The first one was held on the 10th February and was attended by 23 Archers. The next one will be held on the 9th March, 25 Archers have already booked. The days are broken down into a number of workshops designed to get the archers to think about the skills required to become a good performer.

It is hoped that with all the new Level 1's and Coaches that the membership of the County archery Society will increase.

Remember all Level 1's are subject to Continual Professional Development (CPD) at your next renewal.

Barry Molsom Senior Coach CCO Lincolnshire

GO Coach - EMAS Coach

NORTHAMPTONSHIRE

Coach Organisation

Northants Coaching Group last met on 7th November 2007, next meeting due in March 08.

Coach Recruitment.

A Level 1 course started December 2007 with 8 candidates. Classroom training is finished and all candidates are now doing their supported practice.

We currently have

Senior Coach	1
County Coaches	2
Coach	6
Level 1	22

Coach Development

Level 2 Tutor training is this weekend, I plan to run a Level 2 course in Autumn 2008.

Some coach training sessions are planned, to bring on the new Level 1 Coaches. Effective analysis and improving coaching techniques have been suggested.

Archery Development

Winter Senior and Junior Squad training sessions are in progress and have been well supported this year. Weather permitting the March sessions will include some outdoor shooting.

A Field Archery training session was held at Black Eagle Course in Bedfordshire by Ann Hartfield. 25 archers were taken around a field course by experienced archers who explained targets and how to estimate distances. The EMAS Field Champs will be held there in June.

Pat Comber
CCO Northants

NOTTINGHAMSHIRE

No report received on this occasion

GO Coach - EMAS Coach

EMAS COACHING GROUP MEETINGS 2008

Dates: 23rd April 2008, 20th August 2008, 19th November 2008
Venue: Kirby Muxloe Sports Club
Time 7.30 pm to 10.00 pm

RENEWAL PANELS

Level 1/2:

Chairman: Pat Comber
Members: Christine Gascoigne and Colin Timson
Reserves: Tony Fletcher, Mike Boyce and Barry Molsom

Level 3:

Chairman: Barry Molsom
Members: Mike Boyce and Tony Fletcher
Reserves: Colin Timson, Christine Gascoigne and Pat Comber

WHO`S WHO

Tony Fletcher	CCO Derbyshire
Colin Timson	CCO Leicestershire
Barry Molsom	CCO Lincolnshire
Pat Comber	CCO Northamptonshire
Christine Gascoigne	CCO Nottinghamshire

Articles are requested for the next issue. Please send to Pat Comber at patricia.comber@ntlworld.com