

Coaching the Technical Framework

This is a hands-on practical workshop for coaches to learn how to help their archer evaluate and develop their technical skills.

To be held at Silver Spoon Bowmen Spalding on the 28th and 29th July cost £120 for the 2 days, visit Sport 80 for further details and booking. Presenter Lloyd Brown Coach Development Manager

“This was helpful to all coaches, from level one to Senior and there were practical opportunities to try the drills and to suggest appropriate plans for individual archers.” – Sue Watson (Coaching the technical framework)

“Although the thought of spending £120 was initially daunting the benefit gained by all those who attended far outweighed the cost.” – Val (Coaching the technical framework)

“This transfer of practical knowledge with actual hands on support is definitely the way to go.” – Les (Coaching the technical framework)

“I’m going to go back and share it with all the coaches at my club, and highly recommend they attend future course.” – Isla (Coaching the technical framework)

On the workshop...

Learn and practice using Archery GB’s new Technical Achievement Record to help your archers understand how their technique can improve.



A presentation of Archery GB’s new *Technical Framework* -- a step-by-step explanation of current good shooting technique.

Practice teaching the drills and skills to help your archers improve their shooting technique.

Learn current coaching practices to help your archers shoot with easy and efficient shooting technique.



Get hands-on supervised experience helping one of your archers develop a training plan to improve their technical skills.